

On August 6th, 2022, Hiking Heroes went to Torrey Pines Beach to carry out a beach cleanup. Close to section 5 of the beach, once we all met up, we started picking up trash. One of the main reasons for ocean pollution is the amount of trash that people drop into the ocean, which is presumed to be about [5.25 trillion pieces of trash](#). To prevent more sea life from suffering, Hiking Heroes decided to go to the beach to clean up. When we were ready to clean up, we were surprised to find that the beach was actually cleaner than we expected and so we were glad to see that people were environmentally aware here in San Diego.

Furthermore, we spotted a group of dolphins swimming nearby. This is an indication of healthy reefs, which also tells us that many people are considerate of the environment.

In conclusion, this beach cleanup was yet again another meaningful day for Hiking Heroes.